

Informed Consent

You and your child are invited to participate in a study about music therapy and families. Your music therapist will conduct music therapy assessment and analyse the sessions while finished data and filled out questionnaires are sent to Dr. Stine Lindahl Jacobsen, Aalborg University, Denmark.

Purpose

The aim is to explore how a music therapy tool (APC) evaluating parenting skills and parent-child interaction can be used in practice. Music therapists trained in the APC method are testing the value of its clinical application in practice.

Procedure

The study consists of two music therapy sessions of a maximum of 25 minutes with one parent, one child and music therapist meaning 2 x 25 minutes in the course of approx. 2 weeks. The sessions will consist of singing songs and participating in various play activities and exercises with musical instruments. There are no requirements for you or your child to have any formal musical ability.

In addition the parent must fill out questionnaires about parental perceptions and the relationship between child and parent and a questionnaire about the experience of participating in music therapy. It takes about 1 hour to complete all questionnaires. You may be asked to further participate in the interview about your experience, but this is entirely voluntary.

The sessions will be videotaped and you need to also sign a consent form for this. It is only your music therapist who will review the video material unless you give others permission.

Project.title;
Clinical Application of
„Assessment of
Parent-Child
Interaction“ (APCI).

Value and risk

By participating in this study you will contribute to new knowledge about the use of music therapy in family work. It is likely that you and your child at the same time will have a positive experience of being together in a new and different way. There is no immediate risk to participating in the study, but participation requires your time and your commitment. You may find that you or your child do not enjoy this assessment process, but your experience in important information in relation to the future use of music therapy in family work.

Treatment of collected data

All material collected in this investigation will be kept confidential and will only be handled by the music therapist and the researcher. In the presentation of the study all material will be anonymized so that participants cannot be recognized. All material will be stored for 5 years, after which it will be destroyed. It is always possible to terminate your participation in the study.

Insurance

In case of accidents and damage to the furniture, musical instruments or persons you and your child have no responsibility for economic damages.

HREB-project number

HREB Approval date: April 1st 2013

Institute for
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Ethics Approval

This project has received ethical approval through Aalborg University Faculty of Humanities Ethics Committee. If you have concerns about the project please contact HREB at the Faculty of Humanities, University of Aalborg.

Contact Information

You can also contact the researcher Stine Lindahl Jacobsen about all aspects of the study (see contact info at the top right of the page)

Participant information and consent

Name of parent

Name of child

Birth of parent

Birth of child

City & Country

My family and I wish to participate in the research study

My family and I wish to participate in the study without filling out questionnaires

My family and I do not wish to participate in the study

Date

Signature